

How Much Did You Drink Since Your LAST Treatment?

1 Kilo = 2.2 pounds = 4.4 cups

2 Kilos = 4.4 pounds = 8.8 cups

3 Kilos = 6.6 pounds = 13.2 cups

4 Kilos = 8.8 pounds = 17.6 cups

5 Kilos = 11 pounds = 22 cups

6 Kilos = 13.2 pounds = 26.4 cups

7 Kilos = 15.4 pounds = 30.8 cups

8 Kilos = 17.6 pounds = 35.2 cups

9 Kilos = 19.8 pounds = 39.6 cups

10 Kilos = 22 pounds = 44 cups

